


2026 GAIN* SUMMER HIKING SCHEDULE

*Godly Adventures In Nature

DATE	LOCATION & LENGTH	DIFFICULTY **
LEGEND: <ul style="list-style-type: none"> Easy trails are typically short, with clearly marked paths and fairly level terrain. Moderate trails often feature gradual climbs or obstacles like rocks or roots. Hard trails usually cover longer distances and may have long or steep climbs or difficult obstacles. Strenuous trails are for advanced adventurers who are prepared for physically demanding routes that may have technical terrain. <i>** (AllTrails difficulty levels)</i> 		
JULY 04	East Hill Loop from Grey Canal - Coldstream Explore Custom route — East Hill Loop from Grey Canal AllTrails TRAVEL TIME: 10min from DT Vernon HIKING TIME: 3 – 3.5 hours. DISTANCE: 8.7km loop PARKING: At the trailhead MEET: Parking lot at the trailhead	 This route takes you up almost 600 metres into the hills. The trail bed is gravel and rock. There is limited shade cover but plenty of areas to rest on hot summer days. The views are stunning, and springtime adventures mean wildflowers will be in full glory.
JULY 25	Enderby Cliffs Trail Enderby Cliffs Trail, British Columbia, Canada - 1,277 Reviews, Map AllTrails TRAVEL TIME: About 35 min from DT Vernon HIKING TIME: 4 - 5 hours. DISTANCE: 11km (First lookout point) return PARKING: Enderby Cliffs trailhead MEET: Parking lot at Enderby Cliffs trailhead	 796m elevation gain. The hike offers a challenging ascent, and hikers are rewarded with stunning panoramic views of the Okanagan Valley, including sights extending as far as Vernon. Poles recommended.
AUGUST 08	Cougar Canyon Trail - Coldstream Cougar Canyon Trail, British Columbia, Canada - 220 Reviews, Map AllTrails TRAVEL TIME: About 25 min from DT Vernon HIKING TIME: 1 - 2 hours. DISTANCE: 2.7km Return PARKING: At the trailhead MEET: Parking lot at the trailhead	 Cougar Canyon is a well-defined trail that is largely treed with a few splendid views. It splits into two routes near the end, where going right will lead down to the base of the cliffs, and left to the top of the cliffs. It's short with good views of the lake and of the valley.
AUGUST 22	Stone Free & Twisted Sisters Loop – Coldstream Stone Free and Twisted Sisters Loop, British Columbia, Canada - 39 Reviews, Map AllTrails TRAVEL TIME: About 22 min from DT Vernon HIKING TIME: 2.5 – 3 hours. DISTANCE: 7.4km loop PARKING: At the trailhead MEET: Parking lot at the trailhead	 Trails often feature gradual climbs or obstacles like rocks or roots.
SEPTEMBER 12	The Nature Trail, You and Me and RPM Loop – Predator Ridge Nature Trail, You and Me and RPM Loop, British Columbia, Canada - 44 Reviews, Map AllTrails TRAVEL TIME: About 20 min from DT Vernon HIKING TIME: 2.5 – 3 hours. DISTANCE: 7.7km loop PARKING: At the trailhead MEET: Parking lot at the trailhead	 It is a hike that goes mostly through a forest of Douglas Fir, and it nicely shaded for a hot day all the way down to the lake.

2025 GAIN* SUMMER HIKING SCHEDULE

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<p>SEPTEMBER 26</p>	<p>Grey Canal Trail – Bella Vista – Davidson Orchards Explore Grey Canal Trail: Bella Vista - Davidson Orchards AllTrails TRAVEL TIME: About 6 min from DT Vernon HIKING TIME: 1hr return. Not include brunch time DISTANCE: 4.3km return PARKING: Turtle Mountain parking lot(s). MEET: Grey Canal Trail head beside the Turtle mountain parking area</p>	<p> We will enjoy the scenery of Bella Vista and the lakes. Have brunch at Davidson and return on a full stomach.</p>
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IMPORTANT NOTES:

PLEASE SIGN UP ON THE CHURCH CENTRE APP

ALL MUST SIGN THE CHURCH WAIVER FORM

CARPOOLING IS RECOMMENDED

THINGS TO BRING:

- Wear good footwear with grip – no smooth soles
- water & snacks
- sunscreen & hat
- walking poles if required
- bug spray if desired