



EMMANUEL BAPTIST CHURCH



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Quarterly

*Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.*

*Colossians 2:6-7*

## Happy Thanksgiving!

As we head into this holiday, we have so much to be grateful for. I was recently reading through Colossians and landed on the reminder in chapter 2 at the end of verse 7, where we are told to be ‘...abounding in thanksgiving.’ This is not a call to think creatively. It is a call to see clearly, to recognize, and simply respond to the goodness of God and His faithfulness in our lives. We worship a great and awesome God, whose mercies are new every morning. What an amazing thing to be fully known and fully loved! We have good reason to be a people ‘abounding in thanksgiving.’ I need to work on being someone who is ‘thankful out loud.’ I also need to work on taking advantage of opportunities to speak about the evidences of God's grace at work in my life .... not just in the Thanksgiving season, but as a continuing practice throughout the year.

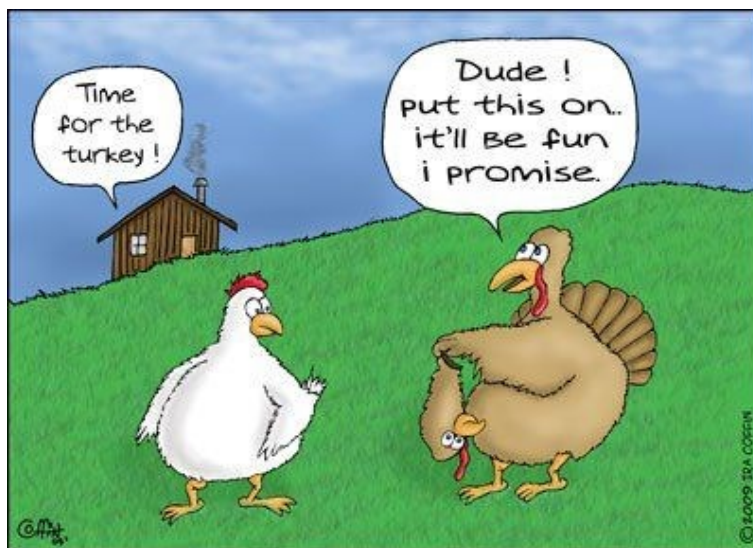
As we head into the fall, we want to highlight a few of our activities for this age group:

- We have our next Soup & Bun Lunch at the church on Sunday, October 26.
- We are also showing the Sight and Sound story of Queen Esther at the church on Wednesday, November 5 at 1pm. It is a fantastically redone story of the Book of Esther. You will want to take this in if possible.
- Finally, in November, we will be going back to the Golden Crown for lunch on Sunday, November 23.
- And if you enjoy eating, the Sunnybrae 55 Plus Christmas Banquet is always amazing, and it takes place at the camp on Thursday, November 20.

I would encourage you to take advantage of these opportunities to gather and sit with others. These are always great places to meet people and hear some of their story.

Finally, the 55+ Committee has already been working on the Bus Tour for 2026. We will be travelling to Parksville, BC (Vancouver Island) on Monday, May 25 and staying until May 28. We are still finalizing some of the activities that will be offered there. The brochure will be available in the next number of weeks so please stay tuned!

## CHURCH HUMOR



### 55+ EVENTS CALENDAR

- September 28:** Sunday Soup & Bun Lunch (in the gym after 2nd service)
- October 26:** Sunday Soup & Bun Lunch (in the gym after 2nd service)
- November 5:** 'Queen Esther' movie with coffee & pie (1:00 pm)
- November 23:** Lunch at the Golden Crown (after 2nd service) – everyone pays their own tab
- November 27:** Sunnybrae 55+ Christmas Banquet at Sunnybrae Bible Camp

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**March 2026:** Theme Dinner Event at the church

**May 2026:** Bus Tour to Parksville BC (Vancouver Island)

**June 2026:** Sunnybrae 55+ Retreat at Sunnybrae Bible Camp

Watch for further information and details in emails and on the website.

Link to 55+ Ministry on church website: [emmanuelvernon.ca/ministries/55-ministry](http://emmanuelvernon.ca/ministries/55-ministry)



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### 55+ Committee Members

